

♥ 3RD ANNUAL ♥

FUN & FITNESS weekender



9 – 11 April 2010

Moves Fitness invites you to spend a fun-packed fitness weekend in the delightful Wokefield Park hotel, set in a peaceful and picturesque corner of the Berkshire countryside, with superb leisure facilities and a new, luxurious hotel spa.

For further information
on the venue, visit
www.devere.co.uk

MOVES
Fitness

A WEEKEND OF FUN & FITNESS

MOVES Fitness WEEKENDER BOOKING FORM

9 – 11 April 2010

A unique place



Wokefield Park is made up of several buildings, each totally different in style and feel – from ultra-modern to traditional and

regal. The weekend is booked in the modern Executive Centre but the venue reserves the right to move rooms across site. Moves Fitness will allocate rooms on a first-come, first-serve basis.

Leisure facilities for everyone

18-hole championship golf course, driving range, putting green, indoor swimming pool, whirlpool spa, sauna, fitness room, high ropes course.

NEW hotel spa 'weekender' offer

Enjoy a luxurious treatment, with 15% off, in the brand new hotel spa, situated in the newly renovated Mansion House. Please book directly with the venue prior to the event.



A fun-packed weekend

- Four Moves Fitness classes: Friday night, Saturday morning, Saturday afternoon, Sunday morning
- Friday 'chill out' night with a two course meal* with wine**
- Two course buffet lunch on Saturday
- Themed awards ceremony on Saturday



- night, including three course meal* with wine** – dress up, eat and be merry with friends and party the night away with the Moves DJ
- Full English breakfast on Saturday and Sunday
- Free tea/coffee and biscuits available all day
- Plenty of time for catching up with friends, enjoying the hotel's leisure facilities and visiting the local attractions

At a reasonable price

£187 per person for twin or double room
£30 supplement for a single room

* an informal table plan will be issued on registration
** half bottle of wine per person or soft drink alternative

Moves teacher's name _____

Contact details (person one)

Title _____

First name _____

Surname _____

Full address _____

Telephone _____

Mobile _____

Email* _____

***All confirmation information will be sent via email**

Dietary requirements (please circle)
wheat free/vegetarian/vegan/dairy free/
allergies/other

Room type (please tick) single double twin Check out from rooms is 11am sharp on Sunday morning

Make your cheque payable to Moves Fitness Ltd. Please write your name, address and Holiday Weekend 2010 on the reverse of the cheque.

Post this form and cheque to: Moves Fitness, Holiday Weekend 2010, Suite H2, Leatherhead Enterprise Centre, Randalls Road, Leatherhead, Surrey, KT22 7RY.

Non-refundable deposit of £50, **per person**, must be sent in with the booking – cheque enclosed (please tick)
The remainder is to be paid by cheque and sent to the office by no later than 1 March 2010.

Please see terms and conditions for cancellation policy.

Your signature _____

Date _____



Contact details (person two)

Title _____

First name _____

Surname _____

Full address _____

Telephone _____

Mobile _____

Email* _____

***All confirmation information will be sent via email**

Dietary requirements (please circle)
wheat free/vegetarian/vegan/dairy free/
allergies/other

