



INFORMATION ABOUT CHERYL PRICE MOVES FITNESS INSTRUCTOR, BASINGSTOKE

- FAMILY:** I live in Basingstoke with my Husband and my cat
- JOB:** By day I'm a Customer Services Team Leader for a large Housing Association and by night, a Moves Fitness Instructor.
- HISTORY:** I have been teaching Moves Fitness since 2001 and attended my very first class back in 1995, I've been hooked ever since! I have a history of dance and exercise, as I danced for 16 years and have also worked as a Body Toning Consultant.
- FAV FOOD:** I love my food and will eat anything you put in front of me! I especially love Roast dinners.
- FAV BOOK:** I enjoy losing myself in a Harry Potter book or a good thriller.
- FAV FILM:** Anything with Brad Pitt or Colin Farrell
- FAV ROUTINE:** I love so many Moves Fitness routines that I'm finding it hard to choose. I do like the ones with kick boxing and punching moves, (a great stress relief, especially after a busy day at the office!)

